



# Catching Up With Clifton

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*Clifton Sanctuary Ministries, Inc.*

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## Lunch Is Now on the Menu at Clifton

The guests of Clifton have always enjoyed a continental breakfast and the wonderful dinner served by wonderful volunteers while they reside at Clifton. However, the guests were always responsible for providing their own lunch.

It has been a priority for the past year to develop a brown bag lunch program for our guests. We made small steps toward that goal last year when, as part of our Health and Wellness Initiative, we began providing a lunch bag for our diabetic guests so they could better control their blood sugar levels. We also offered lunch to the guests who were ill or disabled and stayed in during the day.

We are pleased to announce that beginning on May 1, our dream became reality and now all guests leave each day with a lunch bag, complete with a sandwich, fruit, and a bottle of water. The men are thrilled that they now will always have a mid-day meal and it is really helping them maintain better health. "When the men return to the shelter each evening, they are not as hungry and are in a better frame of mind", reports Alice Jenkins, CSM Executive Director.

We are pleased that several volunteers have offered to serve lunch at the shelter for our guests that stay in during the day – it is much easier to provide lunch for 8 than dinner for 30! Several youth groups have also provided lunch bags for the guests.

If you or your group, are interested in helping with the new lunch program, please contact Alice at (404) 373-3253 or email her at [alice@cliftonsanctuary.com](mailto:alice@cliftonsanctuary.com).



Taylor Morton, a member of Morningside Presbyterian Church is on apple duty, as his elementary Sunday School class packs lunch bags for the Clifton men.

### Night Hospitality by The Numbers First Quarter of 2008

Guests Served	63
(of these 40% were age 50 and above)	
Employment	18
Housing	16
Programs	6
Benefits	2
<b>Total</b>	<b>42</b>

66% of our first quarter guests had positive outcomes.  
How awesome is that!

Sharing the love of God we are a  
sanctuary to men seeking to  
overcome homelessness.  
**Clifton Sanctuary Ministries**

# More For Atlanta Provides More For Clifton

If you stop by and check out the kitchen counters on Friday afternoon, you will find them overflowing with bread, pastries, and goodies – more than enough to feed the men of Clifton for the week.

## **This bounty is courtesy of More For Atlanta!**

For approximately 10 years on Friday mornings, the More For Atlanta truck has pulled up in the Clifton parking lot and the volunteers share with us the food they have received from food wholesalers and retailers in the Atlanta area.



More For Atlanta is a non-profit group, established in 1989, that picks up donations of all types of food and then makes food boxes for area families that are in need of help with their food budget. Great establishments such as Trader Joes, Alon's, Aurora Coffee, and the State Farmer's Market donate the food. One recent week, the men of Clifton even enjoyed lovely flower arrangements on the dinner tables made from flowers provided by More For Atlanta.

Truckloads of thanks and gratitude to the great volunteers of More For Atlanta! You brighten the lives the men of Clifton each and every day!

## **Turner Broadcasting Spends MLK Day at Clifton**

Approximately 20 employees of Turner Broadcasting System, Inc. (TBS) spent their Martin Luther King, Jr. Day at Clifton sprucing up the shelter and demonstrating their talents in the

kitchen. This great project was the idea of Betsy Holland, Manager of Corporate Responsibility at TBS and a member of Morningside Presbyterian Church. Each MLK Day, TBS employees are able to select one of several non-profit agencies in Atlanta to which they can donate their time and talents. This year, Clifton was selected as one of the lucky recipients.

Turner Broadcasting purchased 8 sets of shelves and the Turner volunteers assembled them and placed them in the food coordinator's office and in the board office. The volunteers also organized the clothes closet, made lunch bags for the guests, and baked pies to be served for dinner. The volunteers enjoyed their time and the Clifton men certainly appreciated their efforts.

Thanks so much to Betsy Holland, Erin Talabay, and all of our new friends from Turner Broadcasting!! We hope you'll come back again!

## **A Word of Thanks**

**We have a new sign!!** Our thanks to Mike Hutton, CSM Board Member, who took on the task of repairing and replacing our sign, located on the corner of McLendon and Connecticut. We are also using our sign to let our neighbors know what our specific needs are for the month. Each month, we post the paper product that we most need and we always receive a great supply of the requested item – thanks Lake Claire neighbors!! You are the best!! Because of you, we can spend our financial resources on providing much-needed services to the men of Clifton!

